



THE LAKER

Newsletter of the Stinson Lake Association

FALL 2022 Issue

A beautiful, warm (sometimes too hot!!) summer was enjoyed by many Stinson Lakers!! We were able to enjoy our usual gatherings safely this year.

Thanks to Karen Lewis Schwotzer and her crew for putting on a great Memorial Dinner. Our 2nd Annual 4th of July parade was spectacular! Lots and lots of boats and NO rain to spoil the parade this year!! Despite a sudden downpour and difficulty in finding chicken halves, the Chicken BBQ was one of the most successful ever. Thanks to the Halls for continuing to put this BBQ together. The 5K was also an extremely fun and very prosperous event. In addition to the income from the race itself, they procured sponsors, a raffle, and a grant from the Doris and Vivian Horton Fund. The Lake Host program is the recipient of the funds from the 5K!! We are grateful to Alex Kochon and the Harrington family for putting this together each year. The Labor Day Pancake Breakfast included a steady line of hungry eaters. Thanks to Les and June Gove for leading this event. In addition, we had a new and very successful "Lake Day". I will let Janine Mori provide details on this. A special thanks to all of the volunteers who assisted in these events – too many to name!!

We would not be able to hold these events if it were not for the water provided by the Sergeff/Philips family. A huge THANK YOU to them for sharing their water with the Community Building.

Pictures from Boat Parade:



Pictures from 5K:





THE LAKER

Newsletter of the Stinson Lake Association

FALL 2022 Issue

As Fall is now upon us, I first want to clear up the lowering of the lake issue. This was discussed at the annual meeting and it was decided to have the Conservation and Education Committee look into the pros and cons, as well as send out a survey to get feedback from as many people as possible. Then suddenly, Stinson Lake was listed on the state website as one of the lakes that would be drawn down this year. That has all been cleared up. It will not be drawn down this year and our plan to study the effects, etc. will continue.

There is a group called "Ladies of the Lake", LOL, who get together every other week during the summer months at different restaurants. It is a lot of fun and provides an opportunity for both young and old to get to know each other. If you are interested in being notified of these get-togethers, please email Blake Allen at blakemanallen@gmail.com. The first picture, was the LOL lunch at the Sunset Grill. In order to eat outside, one of our choices this summer was the very large gazebo on the shoreline of the Nelsons. We each brought our own lunch and gathered there as the second picture shows.



Our final figures for members as of Columbus Day weekend are 148 family members, 25 single members and our special Hawthorne Village membership. We will be updating the Association sign again, so if you would like your name on the sign, be sure to send your dues in before December 1, 2022. If anyone needs a membership form for 2022, please email stinlkassn@gmail.com.

CONSERVATION & EDUCATION COMMITTEE NEWS

Lake Host Program 2022 Recap

Stinson Lake has been participating in the NH LAKES Lake Host program since 2003. Our team works diligently in educating community members about the importance of the clean, drain and dry method. For it only takes one boat that isn't properly cleaned, drained, and dried to introduce an invasive species and cause big ecological and economic problems for a lake community.



THE LAKER

Newsletter of the Stinson Lake Association

FALL 2022 Issue

This year our team included five paid Lake Host Inspectors covering Thursdays – Mondays throughout the summer and weekends after Labor Day through October 10th, and eight volunteers covering primarily Tuesdays and Wednesdays during the summer. A big thank you to our team members listed below for helping to protect our beautiful lake by conducting courtesy boat inspections and educating community members and visitors.

Paid Inspectors: Leo Ebner, Megan Ebner, LeeAnn Lewis, Lucy Randall-Tapply, Trevor Tobine Volunteer Inspectors: John Allen, Heidi Bliss, Mike Donahue, Bill Hall, Janine Mori, Doug Proulx, Betsy Pantazelos, Mike Randall

The number of courtesy boat inspections decreased from last year by about 200 to just under 1000 total. This trend has been seen across the state, as NH LAKES is reporting slightly less than 80,000 total inspections this year, when in 2021 they reported 90,000. Of our inspections, 60% were non-motorized watercraft and 40% motorized. Fifty-five percent of the watercraft that have accessed Stinson Lake this season only visit Stinson Lake. That leaves forty-five percent that travel to and from other lakes and rivers. Per the NH Department of Environmental Services, 91 NH Lakes are infested waterbodies. The closest infested waterbody to Stinson Lake is Squam Lake. Squam is one of the top five lakes where watercraft travel to Stinson Lake. Thus, it is critical to the health of our lake that we continue to staff the ramp with Lake Hosts.

Our expense for the 2022 Lake Host program will be \$10,850, which is \$1,000 more than 2021 due to an increase in the hourly rate of paid staff. We expect to continue to receive a 2023 grant around \$2,000 from NH LAKES and \$500 from the Town of Rumney, but it is the fundraising efforts of the 5K Race/Walk that annually make the program sustainable. Thank you, Alex and the entire Harrington Family, for all your efforts in creating this much anticipated annual community event and thank you to all this year's participants.

If you are interested in joining our team of Lake Host Inspectors, please contact Janine Mori, Local Lake Host Program Coordinator at jvalent@optonline.net.

Lake Day

Our inaugural Lake Day was held on Saturday July 9th, 2022 and was a huge success. The day's agenda educational sessions that included a LakeSmart presentation by Krystal Costa Balanhoff, Conservation Program Manager; a native shoreline plant sale; Tartaglia's mobile pizza cart; a guided afternoon paddle; and an amazing children's activity titled "Creatures in the Lake" that was led by community member and elementary educator, Theresa Kraemer. A great big thanks to Theresa for all her efforts in putting together an incredibly interactive, educational, and enjoyable program. The kids and adults all loved it!

The 2023 Lake Day is scheduled for Saturday, July 8th. Our Conservation & Education Committee is starting to plan for the day. If you have any thoughts or suggestions for the day's program, please reach out to anyone of our committee members.

Say "NO" to Cyanobacteria by getting LakeSmart

As we all know, we had a terrible scare this past July 4th weekend when a cyanobacteria bloom was discovered for the first time ever on Stinson Lake. This needs to be a wake-up call for everyone to take what we do on our properties very seriously as these blooms can kill dogs and sicken humans. These blooms have been attributed to poorly maintained septic systems, fertilizers, pet waste and shoreline water runoff.



THE LAKER

Newsletter of the Stinson Lake Association

FALL 2022 Issue

Stinson Lake needs us if we are to keep it healthy and clean for generations to come. How can you help? Start by clicking on the link below to take a 15-minute NH LAKES LakeSmart property self-assessment. It's free, easy, and confidential. Once you complete the self-assessment, you will receive an emailed custom step-by-step plan with ideas for your property. The program is strictly on a volunteer basis and is non-regulatory.

Let's make 2023 the year that we all get LakeSmart together!

[LakeSmart Start: Self-Assessment \(pointerpro.com\)](https://pointerpro.com/LakeSmart-Start-Self-Assessment)

2023 SLA Conservation & Education Committee Members

Heidi Bliss hbliss1962@gmail.com

Laurence Coronis lscoronis@gmail.com

Michael Donahue mpdgsd@gmail.com

Linda Gelda lindagelda@gmail.com

Paul Giannasca paul.giannasca@gmail.com

Janine Mori valentiner.janine@gmail.com

Thank you, Betsy Lambert, for all your time, support, knowledge, and guidance on our 2022 Committee. We will miss you!

Pictures from Lake Day 2022:



Thanks to Les Gilbert for sending the following along. Our volunteer water testing team, Bob and Janet Furey, pass the torch to Paul and Cheryl Giannasca, while the NHDES employee goes along with crew!!



THE LAKER

Newsletter of the Stinson Lake Association

FALL 2022 Issue

Field work photo journal: VLAP



First, volunteers measured the water temperature and dissolved oxygen at different depths of the lake. Next, they collected drop water samples. These samples measure water quality and check for substances that could be harmful.

Commented [EH1]:



Water clarity is determined by measuring the depth to which the secchi disc remains visible.



THE LAKER

Newsletter of the Stinson Lake Association

FALL 2022 Issue

VLAP continued from page 6



Sara shows a net that collects samples of plankton in the water. Biologists at NHDES are able to see so many organisms with these samples.



The volunteers also collected samples from the tributaries that flow into the lake. The last of the sampling!

These samples will be taken back to the lab at NHDES for more testing. ■

Our thanks to Nancy DeLuca for this fabulous picture of our resident eagles!!



Our SLA President, Tim Lewis, thanks everyone who volunteered, participated or just enjoyed all of the events this summer. He sends warm wishes for a healthy winter and is looking forward to the summer of 2023!